

HWSA Coed Over 30 League Rules

Unless otherwise specified below, play is governed by FIFA Laws of the Game as modified by HWSA Coed League rules.

Coed Over 30 7v7 Rules (variations from coed 11v11):

1. Team and game rosters are limited to 15 players.
2. Maximum 7 players on the field, up to 4 of which may be male.
3. Minimum 5 players (including at least one female) on the field to start the game.
4. Games will consist of two 30-minute halves with a 5-minute halftime intermission.
5. No goalkeepers.
6. Goals are 4' tall by 6' wide. A rectangular crease will be chalked in front of each goal.
7. No players may stand inside the crease. A player may pass through the crease, but may not contact the ball while either the ball or the player is inside the crease. Should a defending player contact the ball while either the ball or the player is inside the crease, a goal will be awarded the attacking team. Likewise, should an attacking player contact the ball while it or he/she is inside the crease, the defending team will be awarded a goal kick. Should the ball come to a dead stop inside the crease, a goal kick will be awarded the defending team.
8. No offside rule.
9. No throw-ins. Throw-ins are replaced by kick-ins.
10. All dead ball restarts (including corner kicks, goal kicks and fouls) are indirect.
11. Kick-off, also indirect, may be taken in any direction.
12. Goal kicks may be taken from any point on the end-line.
13. Penalty kicks will be awarded if, in the judgment of the referee, a goal-scoring opportunity was denied by the foul. Result is a direct kick to be taken from the 20-yard line, with all players standing behind the 20-yard line. Failure to score a goal will result in a goal kick.
14. Substitutions may be made on any stoppage except free kicks, with permission of referee.
15. As in regular 11v11 coed, slide tackling is not allowed except to stop or intercept the ball.
16. As in regular 11v11 coed, female goals are worth 2 points, including penalty kicks.